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# Blood flow estimation via numerical integration of temporal autocorrelation function in diffuse correlation spectroscopy

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## ABSTRACT

*Background and Objective:* Diffuse correlation spectroscopy (DCS) is an optical technique widely used to monitor blood flow. Recently, efforts have been made to derive new signal processing methods to minimize the systems used and shorten the signal processing time. Herein, we propose alternative approaches to obtain blood flow information via DCS by numerically integrating the temporal autocorrelation curves. *Methods:* We use the following methods: the inverse of  $K^2$  (IK2)—based on the framework of diffuse speckle contrast analysis—and the inverse of the numerical integration of squared  $g_1$  (INISg1) which, based on the normalized electric field autocorrelation curve, is more simplified than IK2. In addition,  $g_1$  thresholding is introduced to further reduce computational time and make the suggested methods comparable to the conventional nonlinear fitting approach. To validate the feasibility of the suggested methods, studies using simulation, liquid phantom, and *in vivo* settings were performed. In the meantime, the suggested methods were implemented and tested on three types of Arduino (Arduino Due, Arduino Nano 33 BLE Sense, and Portenta H7) to demonstrate the possibility of miniaturizing the DCS systems using microcotrollers for signal processing.

*Results:* The simulation and experimental results confirm that both IK2 and INISg1 are sufficiently relevant to capture the changes in blood flow information. More interestingly, when  $g_1$  thresholding was applied, our results showed that INISg1 outperformed IK2. It was further confirmed that INISg1 with  $g_1$  thresholding implemented on a PC and Portenta H7, an advanced Arduino board, performed faster than did the deep learning-based, state-of-the-art processing method.

*Conclusion:* Our findings strongly indicate that INISg1 with  $g_1$  thresholding could be an alternative approach to derive relative blood flow information via DCS, which may contribute to the simplification of DCS methodologies.

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# 1. Introduction

Blood flow in the human body is instrumental in transporting oxygen throughout the body and discarding biowastes. Any disturbance in the blood flow leads to a plethora of problems depending on the location at which it occurs, ranging from tissue ulceration, paralysis, to even death. To prevent such serious situations, blood flow monitoring is of utmost importance. Among various technologies, diffuse correlation spectroscopy (DCS) is an emerging technique that monitors blood flow to a tissue in a noninvasive manner. DCS, also known as diffusing-wave spectroscopy in the chemistry, biology, and materials communities, was first proposed by Boas and Yodh as a blood flow monitoring technique [1]. It utilizes the dynamic light scattering caused by the interaction between photons and red blood cells to quantify blood flow. It has been compared with multiple blood flow monitoring techniques such as xenon-enhanced computed tomography [2], laser Doppler flowmetry [3], and arterial spin labeling [4], and has been established as a widely used technique for monitoring blood flow. DCS has been used to investigate various types of tissues, including those of the muscle, breast, and brain [5]. Due to its noninvasive ability to mea-

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sure deep blood flow information and its relatively low cost, it is expected to have more applications in the future.

Recently, DCS has experienced various technological advancements. Among them, two advancements that have garnered much attention are the miniaturization/simplification of DCS-based blood flow monitoring systems [6–9] and the reduction of DCS signal processing time [10–15]. Conventionally, nonlinear fitting (NF) techniques, such as the Nelder–Mead simplex method (i.e., 'fminsearch' function in MATLAB), are used to extract  $\alpha D_B$  and blood flow index (BFI) in DCS [12,16,17]. This NF is one of the bottlenecks limiting the signal processing speed in DCS.

To miniaturize and simplify the system, charge-coupled devices (or complementary metal-oxide-semiconductor)-sensorbased methods have been introduced [7,9,18]. The miniaturization of the system can make them more user-friendly in clinics or critical care. To reduce the signal processing time and cost of the system, the modified Beer-Lambert law for blood flow [13], software autocorrelator [12,14,15], implementation of NF on a fieldprogrammable gate array (FPGA) [12], and the use of the inverse of the delay time at the middle  $g_2$  (normalized electric field autocorrelation function) between the minimum and maximum values of  $g_2$  ( $\tau_{1/2}$  method) [8] were introduced. In addition, recent studies have used artificial intelligence (AI) models such as deep learning (DL) [10] and long short-term memory (LSTM) [17] as alternatives to reduce the signal processing time. Although these approaches are effective, they remain restricted by their limited probing depth [7,9,18,19], vulnerability to noise [8,13], having been tested under an insufficient number of conditions [8,17], as well as the requirement of a large amount of training data and extended training time [10,17]. Moreover, as some of these approaches are computationally heavier, they may not be used to process fast flow signals in real-time on low-cost microprocessors [7,10]. Hence, new methods that can overcome these limitations must be developed for DCS.

In this paper, we introduce two numerical-integration-based methods for DCS to obtain the relative BFI, which we termed the IK2 (the inverse of  $K^2$ ) and the INISg1 (the inverse of the numerical integration of squared  $g_1$ ); the latter is based on the  $g_1$  (normalized electric field autocorrelation function) of DCS. To validate these methods, simulations, liquid phantoms, and *in vivo* arterial arm-cuff occlusion experiments were performed. Then, their feasibilities under fast-flow conditions and for enhancing signal processing speeds were tested. Finally, the methods were ported and tested on three types of Arduino boards (Arduino Due, Arduino Nano 33 BLE Sense, and Portenta H7) to demonstrate their potential for the development of low-cost, real-time blood flow measurement systems.

# 2. Materials and methods

# 2.1. Working principle of DCS

For blood flow measurement, DCS detects the dynamic light scattering caused by the flow of red blood cells, which are the primary dynamic scatterers in a living body. A long-coherence laser irradiates the tissue of interest and a detector placed away from it collects the backscattered light, which contains information on dynamic scattering. A hardware/software correlator uses these signals collected in unit time to generate a normalized intensity autocorrelation function,  $g_2(\tau)$ , according to (1) [3,5,14,16,17,20]:

$$g_2(\tau) = \langle I(t) \cdot I(t+\tau) \rangle / \langle I(t) \rangle^2.$$
(1)

Here, I(t) denotes the signal intensity as a function of time,  $\langle \cdots \rangle$  is the time average of the signal, and  $\tau$  is the delay time [3,5,14,16,17,20]. Next,  $g_2(\tau)$  is converted to an unnormalized electric field autocorrelation function,  $G_1(\tau) = \langle E(t) \cdot E(t - \tau) \rangle$ , following the Siegert relationship [3,5,9,10,12–14,16,17,19,20] as follows:

$$g_2(\tau) = 1 + \beta \frac{|G_1(\tau)|^2}{\langle I(\tau) \rangle^2}.$$
 (2)

Here,  $\beta$  is a factor determined by the detector geometry (i.e., number of speckles detected) and polarization, and E(t) is the time-dependent amplitude of the electric field.  $G_1(\tau)$  from the data is fitted to a Green's function solution of the correlation diffusion equation to extract BFI [3,12,14,16,19,20] as follows:

$$G_1(\tau) = \frac{3\mu'_s}{4\pi} \left( \frac{\exp\left(-R_D r_1\right)}{r_1} - \frac{\exp\left(-R_D r_2\right)}{r_2} \right). \tag{3}$$

Here,  $R_D^2 = 3\mu'_s\mu_a + \alpha\mu'^2_s k_0^2 \langle \Delta \cdot r^2(\tau) \rangle$ ,  $r_1 = \sqrt{\rho^2 + z_0^2}$ ,  $r_2 = \sqrt{\rho^2 + (z_0 + 2z_b)^2}$ ,  $\mu'_s$  is the reduced scattering coefficient,  $\mu_a$  is the absorption coefficient,  $\alpha$  is the ratio between the dynamic scatterers and all scatterers,  $k_0 (= 2\pi/\lambda)$  is the source wavenumber,  $\lambda$  is the wavelength of the source,  $\langle \Delta \cdot r^2(\tau) \rangle$  is the mean-square displacement,  $\rho$  is the distance between the source and the detector,  $z_0 = 1/\mu'_s$ ,  $z_b = 2(1 + R_{eff})/3\mu'_s(1 - R_{eff})$ , and  $R_{eff} = -1.440n^{-2} + 0.710n^{-1} + 0.668 + 0.0636n$ , assuming the refractive index of the tissue,  $n \approx 1.37$ . The mean-square displacement of Brownian motion,  $\langle \Delta r^2(\tau) \rangle = 6D_B\tau$ , was assumed in this work [3,5,12,14,16,20], where  $D_B$  is the Brownian diffusion coefficient. Because it is difficult to estimate  $\alpha$  owing to the limitations of DCS,  $\alpha D_B$  is extracted as a single parameter and used as the BFI of DCS [3,5,12,14,16,19,20].

#### 2.2. System configuration

An 852-nm, single-frequency laser (DL-852-100-SO, Crysta-Laser,  $\sim 10$  m coherence length) connected to a fiber attenuator (BB-100-11-685-200/240-QM-35-33-3-1-SP, 200 µm core size, OZ Optics) was used as the radiation source of the system, while a single-photon counting module (SPCM, SPCM-AQRH-12FC, Excelitas Technologies) connected to a single-mode fiber (SMF, P1-780A-FC-2, Thorlabs) was used as the detector. The distance between the source and the detector was set to 1 cm. The detector outputs a transistor-transistor logic (TTL) signal when a photon is collected. The TTL pulse train generated by the SPCM was provided as the counter input to a counter/timer board (PCIe-6612, National Instruments). The sampling frequency of this board was fixed at 1 MHz, with a 1 µs bin time interval throughout the experiments. An intensity autocorrelation function of the collected TTL pulse trains was generated using a fast Fourier transform (FFT)-based software autocorrelator [14]:

$$g_2(\tau) = F^{-1}[F\{I(t)\}F\{I(-t)\}]/\langle I(t)\rangle^2 = \langle I(t) \cdot I(t+\tau)\rangle /\langle I(t)\rangle^2.$$
(4)

Here,  $F\{\dots\}$  and  $F^{-1}[\dots]$  denote the FFT and inverse FFT of the given signal, respectively. Note that we use the FFT-based software autocorrelator because this approach can perform the calculation of  $g_2$  in a fairly short time, compared to the calculation of  $g_2$  using Eq. (1).

A customized LabVIEW program was used to collect and save data, generate an autocorrelation function, and change measurement options, including the sampling frequency of the counter/timer board (LabVIEW 2016, National Instruments).

#### 2.3. Numerical-integration-based estimation of blood flow

As an alternative approach, we introduce two methods based on numerical integration to obtain relative BFI via DCS. They are based on (5), which relates speckle fluctuation to the normalized electric field autocorrelation function,  $g_1$ . Eq. (5) is the theoretical basis of diffuse speckle contrast analysis (DCSA), which is another optical method used in blood-flow measurement [7,18,19].

$$K(T)^{2} = \left(\frac{\sigma_{t}}{\langle I_{t} \rangle}\right)^{2} = \frac{2\beta}{T} \int_{n}^{T} \left(1 - \frac{\tau}{T}\right) [g_{1}(\tau)]^{2} d\tau.$$
(5)

Here, K(T) is the temporal speckle contrast, n is the minimum delay time, T is the maximum delay time, and  $\sigma_t$  and  $\langle I_t \rangle$  are the standard deviation (SD) and mean of intensity, respectively;  $\beta$  is a constant determined by the detector geometry and polarization, while  $\tau$  is the delay time. Eq. (6), a simplified expression of the right-hand side of (5), is the first method that we explore in this work. In practice, in addition to BFI,  $\beta$  is extracted through NF [12,16]. However, to simplify our calculations, we removed T and  $2\beta$  from the right side of (5), assuming them to be unchanging constants throughout the signal measurement. Although there are subtle differences compared to the original form of  $K^2$ , this method is referred to as IK2 throughout the manuscript and denotes the inverse of  $K^2$ :

$$IK2 = 1/\int_{n}^{T} \left(1 - \frac{\tau}{T}\right) [g_1(\tau)]^2 d\tau.$$
(6)

Additionally, a more simplified method, shown in (7), was explored. Henceforth, (7) is referred to as INISg1 (the inverse of the numerical integration of squared  $g_1$ ). Compared to IK2, INISg1 is not weighted for the delay time.

INISg1 = 
$$1/\int_{n}^{1} [g_1(\tau)]^2 d\tau.$$
 (7)

Fig. 1(a) summarizes the three methods tested in this work: the conventional NF method for extracting BFI in DCS, and the IK2 and INISg1 methods, which are the numerical-integration-based methods proposed in this work.

From preliminary simulation experiments, we found that the flow estimated using either IK2 or INISg1 suffers from significant underestimation relative to the designated flow. Attributing this to the accumulation of noise and non-relevant  $g_1$  values,  $g_1$  was thresholded within a certain value of  $g_1$  (the threshold) by first selecting the shortest delay time with  $g_1$  closest to the threshold, and then performing numerical integration from the shortest delay time of the system to the selected delay time.

# 2.4. Bland-altman analysis (BAA)

For the comparison of different methods, BAA, which visualizes the discrepancy or similarity of two different methods, was used in this work [7,21]. In this analysis, a thick black line indicates the mean of the differences between the methods (*mean* = (*method* A + *method* B)/2), while the red dotted lines indicate the upper and lower limits of agreement (*mean*  $\pm$  2 × *std*(*method* A - *method* B)). The smaller the mean difference and the narrower the range of these limits, the less discrepancies there are between these two tested methods.

#### 2.5. Simulation

To confirm the feasibility of the suggested methods and determine an appropriate value for  $g_1$  thresholding, a set of autocorrelation functions were generated using (3) by varying  $\alpha D_B$  from  $5 \times 10^{-10}$  to  $5.005 \times 10^{-8}$  cm<sup>2</sup>/s (with a step size of  $0.5 \times 10^{-10}$  cm<sup>2</sup>/s), assuming  $\mu'_s = 11.134$  cm<sup>-1</sup> and  $\mu_a = 0.0449$  cm<sup>-1</sup> at 852 nm, a 1 cm source-detector separation,  $\beta = 0.45$  ( $\beta$  of (2) for converting  $g_2$  to  $g_1$ ) and a 1 MHz sampling frequency. To make the simulation data more realistic, a DCS noise model was employed [13,15,16,22], in which the bin time interval was set to 1  $\mu$ s and the photon count rate was set to 100 kcps. These noise-added  $g_1(\tau)$  values were directly numerically integrated via the IK2 and



**Fig. 1.** (a) Comparison of conventional and suggested methods investigated for deriving BFI; in this work, n and T are fixed as 1 µs and 2 ms, respectively, except for simulation. (b) Schematic of a liquid phantom test. (c) Schematic of an arterial arm-cuff occlusion test.

INISg1 methods. The integration time was set to 1 s, and the value of  $g_1$  for thresholding was varied from 0 (no thresholding) to 0.35, in increments of 0.05. The results of normalized NF, normalized IK2 with and without  $g_1$  thresholding, and normalized INISg1 with and without  $g_1$  thresholding were compared with the normalized assigned flow values using BAA.

#### 2.6. Phantom experiment

A phantom experiment was performed to validate the proposed methods. A simple liquid phantom was constructed by mixing distilled water and 20% intravenous fat emulsion (Lipision 20%, JW Pharm.) that resulted in  $\mu'_{\rm s} = 11.134$  cm<sup>-1</sup> and  $\mu_a = 0.0449$  cm<sup>-1</sup> at 852 nm [23,24]. Note that a similar liquid phantom has been used to evaluate other optical systems, including optoacoustic tomography, interferometric diffusing wave spectroscopy, and NIR-II fluorescence imaging system [25–27]. Its temperature was varied from 25 to 45 °C (in increments of 5 °C) using a hot plate

Linear regression results of (Assigned blood flow) =  $A^*(IK2)+B$ . A: slope, B: intercept, T: maximum time delay, G: the value of  $g_1$  for thresholding, No: no  $g_1$  thresholding, and E: error. A, B, and E of the condition (T: 2 ms and G: 0.2) used in the manuscript are presented as red text.

Т	<u>1 s</u>			100 ms		10 ms		5 ms			2 ms			1 ms				
G	а	b	е	а	b	е	a	b	е	а	b	е	а	b	е	а	b	е
No	2348	-2454	106.5	219.8	-311.5	92.75	19.74	-71.70	10.55	10.55	-48.74	39.19	5.973	-28.27	23.29	5.169	-18.06	17.94
0.05	1.008	0.698	12.59	1.014	0.692	12.59	1.079	0.627	12.54	1.162	0.553	12.48	1.503	0.323	12.31	2.172	-0.091	12.02
0.1	0.994	0.792	11.14	1.000	0.786	11.14	1.061	0.726	11.13	1.138	0.659	11.11	1.454	0.447	11.08	2.102	0.067	11.04
0.15	1.000	0.938	10.13	1.005	0.933	10.13	1.062	0.876	10.13	1.133	0.812	10.12	1.420	0.612	10.11	2.052	0.252	10.10
0.2	0.995	0.895	9.140	1.001	0.890	9.139	1.055	0.836	9.133	1.123	0.775	9.127	1.391	0.587	9.110	2.006	0.251	9.094
0.25	0.987	0.989	10.67	0.992	0.984	10.66	1.043	0.934	10.66	1.106	0.878	10.65	1.350	0.704	10.63	1.936	0.393	10.61
0.3	1.011	1.120	10.18	1.015	1.115	10.18	1.060	1.069	10.18	1.115	1.018	10.17	1.322	0.859	10.16	1.851	0.577	10.14
0.35	0.975	1.117	10.96	0.979	1.113	10.96	1.021	1.072	10.96	1.073	1.025	10.95	1.266	0.881	10.95	1.762	0.627	10.93

and monitored using a thermistor (TH10K, Thorlabs) connected to an Arduino (Arduino Uno, Arduino). While varying temperature, 60 raw data points (5 (steps) × 60 (s) × 1000,000 data points) were acquired and saved for post-processing. Fig. 1(b) shows a schematic of the phantom measurements. The results of normalized IK2 and normalized INISg1 with and without g<sub>1</sub> thresholding were compared with those of normalized NF using BAA.

# 2.7. In vivo arm-cuff occlusion

To test the *in vivo* applicability of the suggested methods, an arterial arm-cuff occlusion paradigm with 220 mmHg pressure was applied, as shown in Fig. 1(c). A healthy subject was recruited for measurement, and the cuff occlusion protocol was reviewed and approved by the Institutional Review Board of the Gwangju Institute of Science and Technology (IRB 20,140,319-HR-10-01-02). An arm cuff was placed on the subject's upper arm, and DCS signals were obtained from their lower arm. The measurement times included a baseline of 60 s, cuff occlusion of 180 s, and another 180 s after cuff deflation. Laser power was set to 10.6 mW to ensure that the tissue was not damaged. Raw data (420 (s)  $\times$  1000,000 data points) were acquired and saved for post-processing. For NF,  $\mu'_{\rm s} = 6.02 \ {\rm cm}^{-1}$  and  $\mu_a = 0.139 \ {\rm cm}^{-1}$  were assumed [28]. The results of normalized IK2 with and without  $g_1$  thresholding and those of normalized INISg1 with and without  $g_1$  thresholding were compared with those of normalized NF using BAA.

# 2.8. Implementation of IK2 and INISg1 in arduino

To demonstrate the utility of the suggested methods in DCS simplification, we implemented IK2 and INISg1 with and without  $g_1$  thresholding for three different Arduino boards: Arduino Due (microcontroller: AT91SAM3×8E, clock speed: 84 MHz, SRAM: 96 kB, Arduino), Arduino Nano 33 BLE Sense (microcontroller: nRF52840, clock speed: 64 MHz, SRAM: 256 kB, Arduino), and Portenta H7 (microcontroller: STM32H747XI, clock speed: 480 MHz and 240 MHz (dual-core), SRAM: 1 MB, SDRAM: 8 MB, Arduino). However, the implemented algorithms could not be uploaded to the Arduino Uno (microcontroller: ATmega328P, clock speed: 16 MHz, SRAM: 2 kB, Arduino Uno, Arduino) due to its SRAM limitation. Fig. 2 shows the pseudocodes of IK2 and INISg1 with and without  $g_1$  thresholding, as implemented on the Arduino boards.

# 3. Results

# 3.1. Optimization of maximum delay time and $g_1$ thresholding

Table 1 shows the linear regression results between the assigned flows and the results of IK2 with and without  $g_1$  thresholding. Table 2 shows the corresponding results between the assigned flows and the results of INISg1 with and without  $g_1$  thresholding. Linear regression between the assigned flows and NF resulted in *a* 

IK2 without $g_1$	thresholding
$tauArr = 1e-6:1e- \beta = 0.45; K2 = 0.0; FOR (int i = 0; i <$	6:2e-3; (size of $g_2$ ); i++) $g_1$ [i] = Square root(abs( $g_2$ [i] - 1) / $\beta$ );
END IK2 = 1/K2;	$\label{eq:K2} \textit{K2} = \textit{K2} + (1 - tauArr[i]/tauArr[(size of g_2)-1]) * (g_1[i])^2;$
INISg1 without	g <sub>1</sub> thresholding
NISg1 = 0.0; FOR (int i = 0; i <	(size of $g_2$ ); i++) $g_1[i] = \text{Square root}(\text{abs}(g_2[i] - 1) / \beta));$ $M(g_1 = M(g_1 + A_g_1))$
END INISg1 = 1/NISg1	;
IK2 with $g_1$ three	esholding
tauArr = 1e-6:1e- $\beta$ = 0.45; threshold = 0.2; NIK2 = 0.0; FOR (int i = 0; i <	6:2e-3; (size of $g_2$ ); i++) $g_1[i] = Square root(abs(g_2[i] - 1) / \beta);K2 = K2 + (1 - tauArr[i]/ tauArr[(size of g_2)-1])* (g_1[i])2;IF (g_1[i] <= threshold)break;$
END IK2 = 1/K2;	END
INISg1 with $g_1$	thresholding
threshold = 0.2; NISg1 = 0.0; FOR (int i = 0; i <	(size of $g_2$ ); i++) $g_1$ [i] = Square root(abs( $g_2$ [i] - 1) / $\beta$ ); $NISg1 = NISg1 + (g_1$ [i]) <sup>2</sup> ; IF ( $g_1$ [i] <= threshold) break:
	END



**Fig. 2.** Pseudocodes of the implemented algorithms of IK2 and INISg1 with and without  $g_1$  thresholding on the Arduino boards. **FOR**: the beginning of *for* loop; **IF**: the beginning of *if* structure; **END**: end of *for* loop or *if* structure; *tauArr*: array of delay times from 1 µs to 2 ms, in increments of 1 µs; *abs*: absolute value;  $\beta$ : parameter of Siegert relationship (determined by detector geometry – i.e. number of speckles detected – and polarization); *K2*:  $K^2$ ; *NISg1*: numerical integration of squared  $g_1$ ; *IK2*: the inverse of  $K^2$ ; *INISg1*: the inverse of numerical integration of squared  $g_1$ ; *threshold*: the value for  $g_1$  thresholding.

(slope) = 1.014, *b* (intercept) = 0.147, and *e* (error) = 8.158. Note that, *e* is the maximum absolute deviation, which is calculated via e = max(|estimated data - assigned data|) [29]. When  $g_1$  thresholding was not applied, *e* of the linear regression between the assigned flow and IK2 decreased as *T* (the maximum delay time) decreased till 10 ms, suggesting an improvement in the regression results (Table 1). A similar trend was observed as *T* decreased till

Linear regression results of (Assigned blood flow) =  $A^*(INISg1)+B$ . A: slope, B: intercept, T: maximum time delay, G: the value of  $g_1$  for thresholding, No: no  $g_1$  thresholding, and E: error. A, B, and E of the condition (T: 2 ms and G: 0.2) used in the manuscript are presented as red text.

Т	1 s			100 ms		10 ms		5 ms			2 ms			1 ms				
G	а	b	е	a	b	е	a	b	е	a	b	е	a	b	е	a	b	е
No	4688	-4793	106.7	449.9	-547.0	98.16	38.48	-104.7	67.20	18.33	-70.42	53.09	7.763	-41.67	34.91	5.257	-26.93	22.67
0.05	1.007	0.699	12.59	1.007	0.699	12.59	1.007	0.699	12.59	1.007	0.699	12.59	1.045	0.699	12.59	1.340	0.689	12.59
0.1	0.994	0.793	11.14	0.994	0.793	11.14	0.994	0.793	11.14	0.994	0.793	11.14	1.011	0.793	11.14	1.296	0.785	11.14
0.15	0.999	0.939	10.13	0.999	0.939	10.13	0.999	0.939	10.13	0.999	0.939	10.13	0.999	0.939	10.13	1.265	0.933	10.14
0.2	0.995	0.895	9.140	0.995	0.895	9.140	0.995	0.895	9.140	0.995	0.895	9.140	0.995	0.895	9.140	1.237	0.891	9.143
0.25	0.987	0.990	10.67	0.987	0.990	10.67	0.987	0.990	10.67	0.987	0.990	10.67	0.987	0.990	10.67	1.194	0.987	10.67
0.3	1.010	1.120	10.18	1.010	1.120	10.18	1.010	1.120	10.18	1.010	1.120	10.18	1.010	1.120	10.18	1.141	1.119	10.18
0.35	0.974	1.118	10.96	0.974	1.118	10.96	0.974	1.118	10.96	0.974	1.118	10.96	0.974	1.118	10.96	1.086	1.117	10.96

1 ms in the linear regression results of INISg1 without  $g_1$  thresholding (Table 2). This may be due to the reduction in the contribution of the noise signals to the numerical integration in both IK2 and INISg1. Meanwhile, when  $g_1$  thresholding was not used, the linear regression errors of IK2 were always smaller than those of INISg1 throughout all of the *T* tested.

When  $g_1$  thresholding was applied, the linear regression results of IK2 and INISg1 showed different tendencies. When it comes to T = 1 s, both IK2 and INISg1 exhibit very similar regression outcomes, with only minor differences. In the case of IK2, however, for every *G* (the value for  $g_1$  thresholding), *a* increases as *T* decreases, which implies that the results of IK2 become less relevant to the assigned flow (Table 1). On the other hand, the linear regression results of INISg1 do not change as *T* varies from 1 s to 2 ms, whereas *a* becomes larger when T = 1 ms (Table 2). Overall, when  $g_1$  thresholding was applied, INISg1 was more robust than IK2.

Considering *a*, *e*, and calculation speed (larger *T* leads to longer calculation time), parametric values of T = 2 ms and G = 0.2 are used in the later sections for processing simulation and experimental data. While this condition is not optimal for IK2, it is used for IK2 as well to enable a fair comparison of signal processing time.

# 3.2. Simulation

Fig. 3 shows the simulation results. Based on the results from Section 3.1, the maximum delay time and a  $g_1$  thresholding value were set to 2 ms and 0.2, respectively. As shown in Fig. 3(a), IK2 and INISg1 significantly underestimated the flow information when  $g_1$  thresholding was not applied. In addition, until the assigned flow reached  $1.32 \times 10^{-8}$  cm<sup>2</sup>/s, INISg1 was closer to the assigned flow than was IK2; this situation was reversed when the assigned flow exceeded  $1.32 \times 10^{-8}$  cm<sup>2</sup>/s. Based on this observation, this flow rate is defined as the transition value (TV) in this study.

Similar to the results in Section 3.1,  $g_1$  thresholding led to more accuracy in both IK2 and INISg1, compared to the cases without  $g_1$ thresholding. More importantly, when  $g_1$  thresholding was applied, as shown in Fig. 3(c) and (d), INISg1, a simplified numerical integration method, showed less discrepancy than IK2 when compared with the assigned blood flow. Comparing Fig. 3(b) and (d), IN-ISg1 performed comparably to NF, with a similar mean difference (0.09 vs. 0.51) and a similar range of limits of agreement (7.42 vs. 6.98). In the meantime, with  $g_1$  thresholding, INISg1 always performed better than IK2, showing minor discrepancies from the assigned blood flow.

## 3.3. Phantom experiment

Fig. 4 shows the results of the phantom experiments. As shown in Fig. 4(a), without  $g_1$  thresholding, both IK2 and INISg1 led to more underestimated flow properties than did conventional NF, as



**Fig. 3.** (a) Comparison of assigned blood flow vs. estimated flow of NF, IK2 and IN-ISg1 with (not explicitly indicated) and without  $g_1$  thresholding (indicated with '(no thresholding)'). BAA of: (b) assigned blood flow and NF, (c) assigned blood flow and IK2 with  $g_1$  thresholding, and (d) assigned blood flow and INISg1 with  $g_1$  thresholding.

the temperature increased. In addition, the higher the phantom temperature, the more significant was this underestimation. The BAA of NF vs. IK2 (Fig. 4(c)) and that of NF vs. INISg1 (Fig. 4(e)) reveal quite large mean differences and a wide range of limits of agreement. As shown in Fig. 4(b), the discrepancy between the NF and the suggested methods decreased when  $g_1$  thresholding was applied. In the case of the BAA of NF and IK2, the introduction of  $g_1$  thresholding (Fig. 4(d)) changed the mean difference and the range of limit of agreements from 9.13 and 28.09 (i.e., non-thresolded values) to 1.35 and 9.01 (thresholded values), respectively. By contrast, the corresponding values of the BAA of NF and INISg1 (Fig. 4(f)) changed from 13.58 and 42 (non-thresholded values) to 0.67 and 8.84 (thresholded values), respectively, showing more significant improvement than IK2 with  $g_1$  thresholding.

# 3.4. In vivo arm-cuff occlusion

Fig. 5 shows the results of the arm-cuff occlusion experiment. As shown in Fig. 5(a), without  $g_1$  thresholding, both IK2 and IN-ISg1 underestimated the flow compared to the NF methods. The BAA of NF vs. IK2 (Fig. 5(c)) and that of NF vs. INISg1 (Fig. 5(e)) show markedly large mean differences and a wide range of limits of agreements. In addition, the underestimation becomes more



**Fig. 4.** Relative flow changes of NF, IK2, and INISg1 without (a) and with (b)  $g_1$  thresholding as the temperature rises in the liquid phantom experiment. BAA of NF vs. IK2 without (c) and with (e)  $g_1$  thresholding, and BAA of NF vs. INISg1 without (d) and with (f)  $g_1$  thresholding.

significant at higher flows. As shown in Fig. 5(b), the discrepancy between the NF and the suggested methods became smaller when  $g_1$  thresholding was applied. In the case of BAA of NF and IK2, the introduction of  $g_1$  thresholding (Fig. 5(d)) changed the mean difference and the range of limit of agreements from 26.80 and 171.11 (i.e., the non-thresholded values) to 16.74 and 124.22 (thresholded values), respectively. On the other hand, for the BAA of NF and INISg1, the introduction of  $g_1$  thresholding (Fig. 5(f)) changed the mean difference and the range of limit of agreements from 20.06 and 125.03 (non-thresholded values) to 2.43 and 51.07 (thresholded values), respectively, showing a more pronounced improvement than the case of IK2 with  $g_1$  thresholding.

# 3.5. Comparison of signal processing speed

As previously described, one of the purposes of the suggested approach is to reduce the signal processing time. Therefore, their processing speeds were compared with NF using the *timeit* function in MATLAB (MATLAB R2018b, Mathworks) on a PC (i7–10,700, 8-core, Intel CPU) with 32 GB RAM. As described in Section 3.1, T = 2 ms and a threshold of 0.2 for  $g_1$  thresholding were used. Since the processing times of IK2 and INISg1 with  $g_1$  thresholding decrease as the flow of  $g_2$  increases, noise-added  $g_2$  curves were tested for ten different assigned flows. For each condition, the mean and SD values of the processing times were calculated from 50 trials performed. Tables 3–5 show the mean and SD of the processing times of NF, IK2 with and without  $g_1$  thresholding, and INISg1 with and without  $g_1$  thresholding when processing one,



**Fig. 5.** Relative flow changes (1 Hz) of NF, IK2, and INISg1 without (a) and with (b)  $g_1$  thresholding in the arm-cuff occlusion experiment. BAA of NF vs. IK2 without (c) and with (e)  $g_1$  thresholding, and BAA of NF vs. INISg1 without (d) and with (f)  $g_1$  thresholding.

ten, and 1000  $g_2$  curves (including a procedure for converting  $g_2$  to  $g_1$  using the Siegert relationship). Processing a single  $g_2$  took 4.96 ms (grand mean of the processing time of  $g_2$  with the different assigned flows) for NF. Among the assigned flows, NF took the shortest time (3.31 ms) when processing  $g_2$  with 1.05  $\times$  10<sup>-8</sup> cm<sup>2</sup>/s, since the initial value of the flow for NF was 1.00  $\times$  10<sup>-8</sup> cm<sup>2</sup>/s. This trend continued during the processing of 10 and 1000  $g_2$  curves.

The grand means of the processing times of IK2 and INISg1 without  $g_1$  thresholding were 29.21 and 26.43 µs, respectively. Compared to NF, IK2 and INISg1 were approximately 170 and 188 times faster, respectively. As expected, due to reduced calculations, INISg1 was approximately 1.1 times faster than IK2. On the other hand, with  $g_1$  thresholding, IK2 (12.58 µs) and INISg1 (12.20 µs) were approximately 394 and 407 times faster than NF, respectively. INISg1 with  $g_1$  thresholding. Based on the grand mean of processing time, IK2 with  $g_1$  thresholding and INISg1 with  $g_1$  thresholding and INISg1 with  $g_1$  thresholding. Based on the grand mean of processing time, IK2 with  $g_1$  thresholding and INISg1 with  $g_1$  thresholding with  $g_1$  thresholding. The sholding and INISg1 with  $g_1$  thresholding, owing to the reduced calculations. The time reduction becomes more significant as the flow increases.

This tendency continues as more curves are processed. For processing 1000  $g_1$ , NF took 5172.90 ms, while non-thresholded IK2 and INISg1 took 35.54 and 33.72 ms, performing approximately 146 and 153 times faster than NF, respectively. When  $g_1$  thresholding was applied, IK2 and INISg1 took 10.09 and 9.91 ms, performing nearly 513 and 522 times faster than NF, respectively. Overall,

Processing time and estimated flow of one  $g_2$  curve of assigned flows of NF, and IK2 and INISg1 without (not explicitly indicated in the table) and with  $g_1$  thresholding. Time: (mean)  $\pm$  (SD). Grand mean of processing time of NF: 4.96 ms; grand mean of processing time of IK2 without  $g_1$  thresholding: 29.21 µs; grand mean of processing time of INISg1 without  $g_1$  thresholding: 26.43 µs; grand mean of processing time of IK2 with  $g_1$  thresholding: 12.58 µs; grand mean of processing time of INISg1 with  $g_1$  thresholding: 12.20 µs.

Assigned	5.00 × $10^{-10}$	5.45 × 10 <sup>-9</sup>	1.05 × 10 <sup>-8</sup>	1.55 × 10 <sup>-8</sup>	$2.05 \times 10^{-8}$	2.55 × 10 <sup>-8</sup>	3.05 × 10 <sup>-8</sup>	3.54 × 10 <sup>-8</sup>	4.04 × 10 <sup>-8</sup>	$4.54 \times 10^{-8}$
flow (cm <sup>2</sup> /s)										
Relative	1	10.90	20.90	30.90	40.90	50.90	60.90	70.90	80.90	90.90
NF	1	10.69	20.38	30.69	39.98	50.30	61.17	66.67	76.79	90.18
Time	6.60	4.67	3.31	4.32	4.87	5.08	5.52	5.09	5.03	5.11
(ms)	$\pm 0.05$	±0.31	$\pm 0.03$	$\pm 0.04$	$\pm 0.04$	$\pm 0.05$	$\pm 0.11$	$\pm 0.06$	$\pm 0.03$	$\pm 0.04$
IK2	1	5.89	9.27	11.65	12.96	14.28	15.64	16.42	17.01	18.01
Time	30.00	29.15	29.20	29.14	29.15	29.24	29.12	28.97	29.03	29.08
(µs)	$\pm 2.04$	$\pm 0.23$	±0.31	$\pm 0.30$	$\pm 0.25$	$\pm 0.60$	$\pm 0.24$	±0.37	$\pm 0.39$	$\pm 0.35$
INISg1	1	6.65	9.64	11.24	12.07	12.67	13.73	14.12	14.13	15.04
Time	27.68	26.36	26.47	26.30	26.29	26.32	26.30	26.18	26.20	26.22
(µs)	$\pm 4.16$	$\pm 0.18$	$\pm 0.78$	$\pm 0.30$	±0.31	$\pm 0.30$	$\pm 0.30$	$\pm 0.34$	$\pm 0.37$	$\pm 0.26$
IK2 with g <sub>1</sub>	1	7.72	14.59	21.08	28.76	34.97	44.65	50.10	59.05	65.55
thresholding										
Time	29.81	11.88	11.02	10.79	10.48	10.48	10.39	10.30	10.33	10.30
(µs)	$\pm 4.75$	$\pm 0.63$	$\pm 0.11$	$\pm 0.14$	$\pm 0.10$	$\pm 0.09$	±0.15	$\pm 0.14$	±0.13	±0.12
INISg1 with g <sub>1</sub>	1	10.48	20.08	29.14	39.92	48.56	62.12	69.73	82.22	91.30
thresholding										
Time	27.24	11.46	10.81	10.62	10.32	10.47	10.38	10.22	10.22	10.22
(µs)	$\pm 4.20$	$\pm 0.08$	$\pm 0.10$	±0.12	$\pm 0.11$	$\pm 0.67$	$\pm 0.68$	$\pm 0.14$	$\pm 0.14$	±0.12

#### Table 4

Processing time and estimated flow of ten  $g_2$  curves of assigned flows of NF, and IK2 and INISg1 without (not explicitly indicated in the table) and with  $g_1$  thresholding. Time: (mean)  $\pm$  (SD). Grand mean of processing time of NF: 51.44 ms; grand mean of processing time of IK2 without  $g_1$  thresholding: 279.36 µs; grand mean of processing time of INISg1 without  $g_1$  thresholding: 261.49 µs; grand mean of processing time of IK2 with  $g_1$  thresholding: 106.20 µs; grand mean of processing time of INISg1 with  $g_1$  thresholding: 103.37 µs.

Assigned	5.00 × 10 <sup>-10</sup>	5.45 × 10 <sup>-9</sup>	1.05 × 10 <sup>-8</sup>	1.55 × 10 <sup>-8</sup>	$2.05 \times 10^{-8}$	2.55 × 10 <sup>-8</sup>	3.05 × 10 <sup>-8</sup>	3.54 × 10 <sup>-8</sup>	$4.04 \times 10^{-8}$	$4.54 \times 10^{-8}$
flow (cm <sup>2</sup> /s)										
Relative	1	10.90	20.90	30.90	40.90	50.90	60.90	70.90	80.90	90.90
NF	1	10.69	20.38	30.69	39.98	50.30	61.17	66.67	76.79	90.18
Time	68.77	47.75	33.67	44.56	50.60	52.82	57.51	52.92	52.47	53.30
(ms)	$\pm 1.36$	$\pm 0.71$	$\pm 0.63$	$\pm 0.69$	$\pm 0.68$	$\pm 0.62$	$\pm 0.58$	$\pm 0.60$	$\pm 0.61$	$\pm 0.62$
IK2	1	5.89	9.27	11.65	12.96	14.28	15.64	16.42	17.01	18.01
Time	285.35	280.10	278.62	279.49	278.14	279.00	278.36	278.82	278.25	277.51
(µs)	$\pm 35.45$	$\pm 5.66$	±3.13	$\pm 2.48$	±2.13	$\pm 2.49$	$\pm 3.43$	$\pm 2.68$	±3.31	±3.15
INISg1	1	6.65	9.64	11.24	12.07	12.67	13.73	14.12	14.13	15.04
Time	264.96	261.89	261.61	260.95	261.55	261.01	260.95	261.30	260.43	260.21
(µs)	±36.15	±2.15	$\pm 5.72$	±3.17	$\pm 2.64$	±3.10	$\pm 3.03$	$\pm 2.95$	$\pm 3.22$	$\pm 3.38$
IK2 with $g_1$	1	7.72	14.59	21.08	28.76	34.97	44.65	50.10	59.05	65.55
thresholding										
Time	275.88	99.40	89.69	89.01	85.65	85.83	84.56	84.28	83.99	83.71
(µs)	$\pm 50.95$	$\pm 4.64$	$\pm 1.05$	$\pm 2.02$	$\pm 0.74$	±0.83	$\pm 1.08$	$\pm 1.01$	$\pm 1.14$	$\pm 1.12$
INISg1 with g <sub>1</sub>	1	10.48	20.08	29.14	39.92	48.56	62.12	69.73	82.22	91.30
thresholding										
Time	250.28	97.82	89.76	88.51	86.06	85.45	84.24	84.15	83.80	83.60
(µs)	±13.61	±4.81	±5.41	±3.21	±4.78	±0.78	$\pm 1.10$	±0.87	±1.12	±1.08

these results prove IK2 and INISg1 to be preferable for the offline processing of DCS signals.

# 3.6. Fast flow measurement during arm-cuff occlusion

To further test the suitability of the suggested methods in quantifying fast flow, raw data from the *in vivo* arm-cuff occlusion experiment were used again. To balance signal quality with measurement speed, each 1 s pulse train was divided into 25 chunks (i.e., 25 Hz), resulting in 40 ms as the maximum delay time of  $g_2$ . Pulsatile fluctuation due to heart rate, which is ~1 Hz, can be resolved by monitoring fast flow [9,15,17,30]. A one-dimensional scalogram (MATLAB R2018b, Mathworks), based on continuous wavelet transform (CWT) for which the Morse wavelet was used as the mother wavelet, was implemented.

Fig. 6 shows the flow changes and the scalogram of NF, IK2 with and without  $g_1$  thresholding, and INISg1 with and without  $g_1$  thresholding. The gray region outside the dashed white line in Fig. 6(c)–(g) indicates the region excluded from analysis owing to the edge effect. As shown in Fig. 6(a) and (b), flow underestimation

by IK2 and INISg1 is reduced as  $g_1$  thresholding is applied, as discussed in Sections 3.3 and 3.4. Fig. 6(c) shows a CWT-based scalogram of the NF. In the scalogram, before and after cuff occlusion (before 60 s and after 240 s), ~1 Hz and its harmonics exist, while frequency components mostly disappear during cuff occlusion (between 60 s and 240 s). Meanwhile, compared to the NF shown in Fig. 6(c), (d)–(g) represent almost the same frequency components including ~1 Hz heart rate, its harmonics, and the disappearance of amplitude during cuff occlusion but with lower intensity (amplitude becomes stronger on moving from (d) to (g)). In short, regardless of using  $g_1$  thresholding, both IK2 and INISg1 can be used to monitor heart rate as well.

## 3.7. IK2 and INISg1 in arduino

Tables 6–8 summarize the results of IK2 with and without  $g_1$  thresholding, and INISg1 with and without  $g_1$  thresholding on the Arduino Due, Arduino Nano 33 BLE Sense, and the Portenta H7 boards, respectively. In Arduino, INISg1 with  $g_1$  thresholding still performs the fastest, followed by IK2 with  $g_1$  thresholding, INISg1

Processing time and estimated flow of 1000  $g_2$  curves of assigned flows of NF, and IK2 and INISg1 without (not explicitly indicated in the table) and with  $g_1$  thresholding. Time: (mean)  $\pm$  (SD). Grand mean of processing time of NF: 5172.90 ms; grand mean of processing time of IK2 without  $g_1$  thresholding: 35.54 ms; grand mean of processing time of INISg1 without  $g_1$  thresholding: 33.72 ms; grand mean of processing time of IK2 with  $g_1$  thresholding: 10.09 ms; grand mean of processing time of INISg1 with  $g_1$  thresholding: 9.91 ms.

Assigned flow (cm <sup>2</sup> /s)	5.00 × 10 <sup>-10</sup>	$5.45 \times 10^{-9}$	$1.05 \times 10^{-8}$	$1.55 \times 10^{-8}$	$2.05 \times 10^{-8}$	$2.55~\times~10^{-8}$	$3.05 \times 10^{-8}$	$3.54 \times 10^{-8}$	$4.04 \times 10^{-8}$	$4.54 \times 10^{-8}$
now (em /s)										
Relative	1	10.90	20.90	30.90	40.90	50.90	60.90	70.90	80.90	90.90
NF	1	10.69	20.38	30.69	39.98	50.30	61.17	66.67	76.79	90.18
Time	6949.90	4809.68	3399.75	4481.50	5086.35	5307.78	5771.65	5312.16	5258.89	5351.34
(ms)	$\pm 6.30$	$\pm 6.48$	$\pm 4.70$	$\pm 12.44$	$\pm 61.54$	$\pm 14.30$	$\pm 12.04$	±10.34	$\pm 4.96$	±6.83
IK2	1	5.89	9.27	11.65	12.96	14.28	15.64	16.42	17.01	18.01
Time	35.56	35.49	35.54	35.48	35.56	35.57	35.56	35.55	35.54	35.57
(ms)	$\pm 0.14$	$\pm 0.16$	±0.11	±0.17	±0.14	±0.16	±0.17	$\pm 0.20$	$\pm 0.17$	±0.19
INISg1	1	6.65	9.64	11.24	12.07	12.67	13.73	14.12	14.13	15.04
Time	33.76	33.67	33.73	33.62	33.81	33.71	33.72	33.73	33.72	33.70
(ms)	±0.11	±0.11	±0.12	$\pm 0.14$	$\pm 0.87$	±0.13	$\pm 0.14$	±0.16	±0.13	±0.15
IK2 with $g_1$	1	7.72	14.59	21.08	28.76	34.97	44.65	50.10	59.05	65.55
thresholding										
Time	26.01	9.38	8.66	8.42	8.16	8.17	8.04	8.02	7.99	8.01
(ms)	$\pm 0.09$	$\pm 0.10$	$\pm 0.06$	$\pm 0.09$	$\pm 0.05$	$\pm 0.06$	$\pm 0.06$	$\pm 0.06$	$\pm 0.06$	$\pm 0.05$
INISg1 with g <sub>1</sub>	1	10.48	20.08	29.14	39.92	48.56	62.12	69.73	82.22	91.30
thresholding										
Time	24.70	9.27	8.57	8.36	8.20	8.12	8.00	7.99	7.96	7.97
(ms)	$\pm 0.09$	±0.31	$\pm 0.06$	±0.10	$\pm 0.45$	$\pm 0.05$	$\pm 0.06$	$\pm 0.06$	$\pm 0.07$	±0.07



**Fig. 6.** Relative fast flow index changes (25 Hz) of NF, IK2, and INISg1 without (a) and with (b)  $g_1$  thresholding in the arm cuff occlusion experiment, continuous wavelet transform-based scalogram of NF (c), IK2 (d), and INISg1 (e) without  $g_1$  thresholding (e), and IK2 (f) and INISg1 (g) with  $g_1$  thresholding. (c)-(g) share the same color bar. The region indicated by the white dashed line and gray color in (c)-(g) presents regions with significant edge effects, which is not considered in the analysis.

Summary of assigned flows for  $g_2$  curves, and estimated flow and calculation time of IK2 and INISg1 without (not explicitly indicated in the table) and with  $g_1$  thresholding performed on Arduino Due. Except for assigned flows, only relative values are shown for estimated flows through IK2 and INISg1. Time: (mean)  $\pm$  (SD). Grand mean of processing time of IK2 without  $g_1$  thresholding: 71.97 ms; grand mean of processing time of INISg1 without  $g_1$  thresholding: 63.90 ms; grand mean of processing time of INISg1 thresholding: 8973.40 µs; grand mean of processing time of INISg1 with  $g_1$  thresholding: 7547.82 µs.

Assigned flow (cm²/s)	5.00 × 10 <sup>-10</sup>	5.45 × 10 <sup>-9</sup>	$1.05 \times 10^{-8}$	$1.55 \times 10^{-8}$	$2.05 \times 10^{-8}$	$2.55 \times 10^{-8}$	$3.05 \times 10^{-8}$	3.54 × 10 <sup>-8</sup>	$4.04 \times 10^{-8}$	$4.54 \times 10^{-8}$
Relative	1	10.90	20.90	30.90	40.90	50.90	60.90	70.90	80.90	90.90
IK2	1.00	2.11	2.42	2.56	2.63	2.68	2.71	2.74	2.76	2.77
Time	72.01	71.97	72.02	71.97	71.94	71.98	71.90	71.94	72.01	71.94
(ms)	±0.01	$\pm 0.00$	$\pm 0.01$	$\pm 0.01$	$\pm 0.00$					
INISg1	1	1.72	1.86	1.92	1.94	1.96	1.98	1.99	1.99	2
Time	63.94	63.90	63.95	63.90	63.87	63.91	63.83	63.87	63.94	63.86
(ms)	±0.01	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$	$\pm 0.01$
IK2 with $g_1$	1	7.72	14.57	21.06	28.7	34.91	44.49	49.89	58.80	65.51
thresholding										
Time	67,154.76	7376.24	3962.36	3143.68	1808.96	1803.04	1245.44	1129.36	1061.68	1048.48
(µs)	$\pm 9.76$	$\pm 3.80$	$\pm 2.38$	$\pm 2.57$	$\pm 1.91$	$\pm 2.22$	$\pm 1.94$	$\pm 1.91$	$\pm 1.99$	±1.31
INISg1 with g <sub>1</sub>	1.00	10.48	20.06	29.11	39.84	48.48	61.90	69.43	81.88	91.25
thresholding										
Time	56,442.88	6221.76	3336.48	2662.80	1524.88	1516.96	1041.44	948.40	901.52	881.12
(µs)	±9.93	±3.80	±2.87	±2.02	±2.03	±2.07	$\pm 1.94$	±2.18	$\pm 1.96$	±1.81

## Table 7

Summary of assigned flows for  $g_2$  curves, and estimated flow and calculation time of IK2 and INISg1 without (not explicitly indicated in the table) and with  $g_1$  thresholding performed on Arduino Nano 33 BLE Sense. Except for assigned flows, only relative values are shown for estimated flows through IK2 and INISg1. Time: (mean)  $\pm$  (SD). Grand mean of processing time of IK2 without  $g_1$  thresholding: 3503.09 µs; grand mean of processing time of INISg1 without  $g_1$  thresholding: 2855.16 µs; grand mean of processing time of IK2 with  $g_1$  thresholding: 701.03 µs; grand mean of processing time of INISg1 with  $g_1$  thresholding: 36.74 µs.

Assigned flow (cm²/s)	5.00 × 10 <sup>-10</sup>	5.45 × 10 <sup>-9</sup>	1.05 × 10 <sup>-8</sup>	1.55 × 10 <sup>-8</sup>	2.05 × 10 <sup>-8</sup>	2.55 × 10 <sup>-8</sup>	3.05 × 10 <sup>-8</sup>	3.54 × 10 <sup>-8</sup>	4.04 × 10 <sup>-8</sup>	4.54 × 10 <sup>-8</sup>
Relative	1	10.90	20.90	30.90	40.90	50.90	60.90	70.90	80.90	90.90
IK2	1.00	2.11	2.42	2.56	2.63	2.68	2.71	2.74	2.76	2.77
Time	3502.08	3504.32	3504.00	3502.24	3502.24	3503.68	3504.64	3501.12	3502.56	3504.00
(µs)	$\pm 15.72$	$\pm 22.51$	$\pm 19.12$	$\pm 21.46$	$\pm 21.76$	$\pm 18.98$	$\pm 21.00$	$\pm 20.17$	$\pm 21.91$	$\pm 17.93$
INISg1	1.00	1.72	1.86	1.92	1.94	1.96	1.98	1.99	1.99	2.00
Time	2853.00	2856.16	2853.44	2855.44	2854.68	2856.76	2852.76	2856.24	2857.56	2855.52
(µs)	$\pm 14.58$	$\pm 21.77$	$\pm 15.00$	$\pm 18.57$	$\pm 18.99$	$\pm 19.56$	$\pm 14.92$	$\pm 17.65$	$\pm 20.14$	$\pm 17.60$
IK2 with g <sub>1</sub>	1	7.72	14.57	21.06	28.70	34.91	44.49	49.89	58.80	65.51
thresholding										
Time	5177.72	577.48	315.36	251.40	150.28	149.56	107.00	97.88	92.12	91.52
(µs)	$\pm 11.76$	±11.83	$\pm 11.82$	$\pm 11.89$	$\pm 11.04$	$\pm 10.57$	$\pm 9.94$	$\pm 9.37$	$\pm 9.29$	$\pm 9.09$
INISg1 with g <sub>1</sub>	1.00	10.48	20.06	29.11	39.84	48.48	61.90	69.43	81.88	91.25
thresholding										
Time	5089.84	566.80	308.32	246.00	146.48	146.64	103.04	95.60	89.12	89.44
(µs)	$\pm 21.17$	$\pm 15.25$	±13.03	±12.10	±10.53	±10.86	$\pm 9.06$	±8.82	$\pm 8.78$	±9.35

# Table 8

Summary of assigned flows for  $g_2$  curves, and estimated flow and calculation time of IK2 and INISg1 without (not explicitly indicated in the table) and with  $g_1$  thresholding performed on Portenta H7. Except for assigned flows, only relative values are shown for estimated flows through IK2 and INISg1. Time: (mean)  $\pm$  (SD). Grand mean of processing time of IK2 without  $g_1$  thresholding: 605.67  $\mu$ s; grand mean of processing time of INISg1 without  $g_1$  thresholding: 494.95  $\mu$ s; grand mean of processing time of INISg1 with  $g_1$  thresholding: 67.29  $\mu$ s.

Assigned	5.00 × $10^{-10}$	$5.45 \times 10^{-9}$	$1.05 \times 10^{-8}$	$1.55 \times 10^{-8}$	$2.05 \times 10^{-8}$	$2.55 \times 10^{-8}$	$3.05 \times 10^{-8}$	$3.54 \times 10^{-8}$	$4.04 \times 10^{-8}$	$4.54 \times 10^{-8}$
flow (cm <sup>2</sup> /s)										
Relative	1	10.90	20.90	30.90	40.90	50.90	60.90	70.90	80.90	90.90
IK2	1.00	2.11	2.42	2.56	2.63	2.68	2.71	2.74	2.76	2.77
Time	605.80	605.60	605.72	605.72	605.64	605.64	605.84	605.56	605.40	605.76
(µs)	$\pm 3.53$	$\pm 3.38$	±3.61	$\pm 3.75$	$\pm 3.67$	$\pm 3.25$	$\pm 3.45$	$\pm 3.41$	$\pm 3.86$	$\pm 3.44$
INISg1	1.00	1.72	1.86	1.92	1.94	1.96	1.98	1.99	1.99	2.00
Time	494.86	495.00	494.90	494.94	495.04	494.88	494.96	494.86	495.06	495.04
(µs)	$\pm 3.06$	$\pm 3.66$	$\pm 3.56$	$\pm 3.62$	$\pm 3.59$	$\pm 3.65$	$\pm 2.57$	$\pm 3.63$	$\pm 2.25$	$\pm 3.49$
IK2 with g <sub>1</sub>	1	7.72	14.57	21.06	28.70	34.91	44.49	49.89	58.80	65.51
thresholding										
Time	597.92	65.44	35.84	28.48	17.12	17.44	12.32	11.36	10.56	11.20
(µs)	$\pm 3.90$	$\pm 3.10$	$\pm 4.35$	$\pm 4.01$	$\pm 2.80$	$\pm 3.10$	$\pm 4.03$	$\pm 3.99$	$\pm 3.77$	$\pm 3.96$
INISg1 with g <sub>1</sub>	1.00	10.48	20.06	29.11	39.84	48.48	61.90	69.43	81.88	91.25
thresholding										
Time	494.64	55.68	30.32	24.24	14.72	14.88	10.36	9.64	9.08	9.32
(µs)	±3.27	$\pm 1.78$	$\pm 2.11$	$\pm 1.60$	$\pm 1.84$	$\pm 1.62$	$\pm 1.44$	$\pm 1.60$	$\pm 1.29$	±1.70

without  $g_1$  thresholding, and IK2 without  $g_1$  thresholding, as discussed in Section 3.5. Among the three Arduino boards, Arduino Due showed the slowest performance, resulting in grand mean processing times of 7547.82 µs, 8973.40 µs, 63.90 ms, and 71.97 ms for INISg1 with g<sub>1</sub> thresholding, IK2 with g<sub>1</sub> thresholding, INISg1 without  $g_1$  thresholding, and IK2 without  $g_1$  thresholding, respectively. The Arduino Nano 33 BLE Sense board performed moderately, resulting in grand mean processing times of 366.74, 701.03, 2855.16, and 3503.09  $\mu$ s for INISg1 with g<sub>1</sub> thresholding, IK2 with  $g_1$  thresholding, INISg1 without  $g_1$  thresholding, and IK2 without g<sub>1</sub> thresholding, respectively. Note that, despite a lower clock speed (64 MHz vs. 84 MHz), Arduino Nano 33 BLE Sense performed better than Arduino Due because the microprocessor of the former has a floating-point unit (FPU), which is absent from the latter. In the meantime, due to high clock speed (480 MHz) and the existence of FPU, Portenta H7 showed the best performance, resulting in grand mean processing times of 67.29, 80.77, 494.95, and 605.67  $\mu$ s for INISg1 with  $g_1$  thresholding, IK2 with  $g_1$  thresholding, INISg1 without g1 thresholding, and IK2 without g1 thresholding, respectively. Overall, the results show that the suggested methods can be used to process even high-speed flow data on lowcost microcontrollers.

## 4. Discussion

Among the suggested approaches, INISg1 with  $g_1$  thresholding may offer various advantages, such as:

- (i) reduced signal processing time on a PC (Section 3.5),
- (ii) outcomes comparable to those of NF (Sections 3.1 to 3.4, and 3.6),
- (iii) fast signal processing on low-cost microprocessors (Section 3.7), and
- (iv) system cost reduction.

Such advantages will expand the utilization of DCS techniques by allowing for real-time, normal, and fast flow measurement, and the implementation of more miniaturized, low-cost DCS systems by replacing PC or more bulky hardware with small, low-cost microcontrollers such as Arduino or Raspberry Pi. A previous research has utilized an electric-circuit-based integrator to directly integrate analog amplitude signals detected using a photodiode [11]. However, the flow information acquired in that work was not robust and may require additional work to make the concept more mature.

When  $g_1$  thresholding was not applied, INISg1 performed better than IK2 in the *in vivo* experiment (Section 3.4), while it was the opposite in the phantom experiment (Section 3.3). This is because of the difference in the range of flows in the two experiments. In particular, the flow in the phantom experiment ranged from  $1.17 \times 10^{-8} \text{ cm}^2/\text{s}$  to  $2.04 \times 10^{-8} \text{ cm}^2/\text{s}$ , which was around or higher than the TV. Conversely, the range of flow in the *in vivo* experiment was from  $8.10 \times 10^{-11} \text{ cm}^2/\text{s}$  to  $6.87 \times 10^{-9} \text{ cm}^2/\text{s}$ , which was below the TV. As shown in the simulation, without  $g_1$  thresholding, INISg1 performed better than IK2 until TV, and IK2 performed better than INISg1 after TV. Thus, this discrepancy is as expected. For simplicity, the TV from the simulation was used to analyze the discrepancy between the IK2 and INISg1 results before applying  $g_1$  thresholding. However, TV may vary based on the optical properties of the medium of interest.

Before thoroughly testing IK2 and INISg1, several preliminary tests were performed. First, the same calculation methods of IK2 and INISg1 were tested on  $g_2$  curves. However, the  $g_2$  curve-based estimation of blood flow was not as robust as that of IK2 and IN-ISg1 (data not shown). Second,  $\beta$  other than 0.45 were tested (data not shown). A few-mode fiber (FMF) is used in some cases to increase the light collection for deep tissue measurements, such as

brain measurement [31]. Because  $\beta$  is inversely proportional to the number of modes propagated through an optical fiber, using FMF results in a smaller  $\beta$  than using SMF by allowing more modes to propagate through an optical fiber. Moreover, because IK2 and INISg1 perform well with  $g_1$  with different  $\beta$  as well, the wide applicability of IK2 and INISg1 can be guaranteed. Third, in addition to IK2 and INISg1, the inverse of the numerical integration of  $g_1$  (INIg1) was also tested, which resulted in significant underestimation of flow that could not be recovered even after applying  $g_1$  thresholding (data not shown). Thus, INIg1 was not tested in this study. However, INIg1 may still be useful in applications that require simplified calculation and monitoring of qualitative flow changes. Finally, different source-detector separations were also tested, and it was confirmed that IK2 and INISg1 still work with source-detector separations other than 1 cm (shown in appendix). Overall, it was confirmed that IK2 and INISg1 work under various conditions, guaranteeing their versatility.

For simplicity, except for NF,  $\beta$  was assumed to be constant in flow estimation. While this assumption worked seamlessly in this study, unexpected situations, including the change of ambient light or probe contact to the tissue, may be able to cause significant change of  $\beta$  so that the assumption of constant  $\beta$  may not be able to work properly. In such cases,  $\beta$  can be extracted using a single step  $\beta$  fitting. If an application still requires relatively fast signal processing, subtraction of  $g_2(\tau_{end})$  from  $g_2(\tau_1)$  can be performed as an alternative shortcut for calculating  $\beta$ .

In the Arduino calculation, compared with the results from the PC, without g<sub>1</sub> thresholding, IK2 and INISg1 had a more significant underestimation of the flow. This is mainly due to the limited precision of floating-point ('single' data type in MATLAB: 32-bit precision floating-point vs. 'float' data type in Arduino: 6-7 decimal digits precision floating point). In advanced Arduino products like the ones used in this study, 'double' data type offers more precision in floating-point, but it slows down signal processing time. When  $g_1$ thresholding was applied to IK2 and INISg1, the relative flows from the three types of Arduino became more comparable to the ones from the PC (e.g., When assigned flow is  $5.45 \times 10^{-9} \text{ cm}^2/\text{s}$ , INISg1 without  $g_1$  thresholding $\rightarrow$ INISg1 with  $g_1$  thresholding: 6.65 $\rightarrow$ 10.48 from the PC and  $1.72 \rightarrow 10.48$  from Arduino). Thus,  $g_1$  thresholding combined with INISg1 allows the use of such microprocessors for high-speed DCS signal processing with satisfactory accuracy without using complicated, expensive signal processing hardware such as a graphics processing unit (GPU).

While direct comparison of processing with other literature is not straightforward due to the use of different processing units and experimental conditions, IK2 with g<sub>1</sub> thresholding and IN-ISg1 with  $g_1$  thresholding on the PC (12.58 µs and 12.20 µs) performed approximately 37 and 38 times faster than a DL-based approach (0.46 ms) [10], respectively, which was one of the fastest among the previous works. Meanwhile, on Portenta H7 IK2 with  $g_1$ thresholding (80.77  $\mu$ s) and INISg1 with  $g_1$  thresholding (67.29  $\mu$ s) performed approximately 6 and 7 times faster, respectively, than the DL-based approach. Moreover, based on our results, the higher the flow of  $g_2$  curves being processed, the faster the suggested approaches process the data. It is noteworthy that the DL-based approach uses a GPU that allows parallel computing. If our methods were to be implemented on a GPU, we would expect a much faster processing speed than that of the CPU or Arduino by virtue of parallel processing. Ultimately, with  $g_1$  thresholding, IK2 and IN-ISg1 can be useful in reducing the signal processing time in DCS. Although the suggested technique was not tested for applications that require faster signal processing time, g<sub>2</sub> with a shorter maximum delay time (e.g., T = 1 ms) can also be considered.

When processing a  $g_2$  with a flow higher than  $3.05 \times 10^{-8}$  cm<sup>2</sup>/s by using INISg1 with  $g_1$  thresholding, Portenta H7 (dual-core with 480 MHz and 240 MHz clock speed) and the PC (octa-core

with 2.90 GHz base clock speed and 4.80 GHz turbo clock speed when the octa-core is used as a single-core) showed a large difference in their performances, with Portenta H7 showing superior results, even though the PC is equipped with a better processing unit. This is primarily because Portenta H7 is solely dedicated to numerical integration, while the CPU of the PC is not [12]. When software that can utilize the turbo clock speed of the CPU is used, the performance of the PC may be significantly improved. Still, if the size, cost, and energy usage are the most important factors considered, Portenta H7 will be more advantageous than the PC. Depending on the application, Arduino Nano 33 BLE Sense (or Arduino Nano 33 BLE) can be used considering the cost of the system (the cheapest among Arduino products tested in this work) and its moderate signal processing speed.

Recently, a group introduced a mathematical method based on the Volterra integral equation (VIE) to recover  $g_1$  from multiexposure diffuse speckle contrast signals measured using camerabased low-cost deep and shallow blood flow measurement systems [32,33]. In the meantime, our integration-based approach is proposed to reduce the computational burden of quantifying blood flow from  $g_1$  of DCS. Although our method and VIE-based method aim different goals, both methods are helpful in reducing the cost of DCS-derived systems. The recovered  $g_1$  from the VIE-method is known to have ripples in long delay times, and can be used to extract blood flow using various approaches. Thus, we expect that our approach can not only be used in conventional DCS but also in DCS-derived systems, including systems that utilize the VIE-based method to recover  $g_1$  data.

Cerebral autoregulation (CA) is a widely known mechanism that maintains the cerebral blood flow during the variation of the blood pressure within a certain range [34-38]. Impairment of CA happens in various types of brain diseases, including traumatic brain injury, stroke, and subarachnoid hemorrhage, and may be able to cause secondary brain damage [35,36,38], thus monitoring of CA is of highly importance. Due to multiple advantages, including noninvasiveness and relatively high temporal resolution, DCS combined with either invasive (e.g., thermal diffusion invasive probe) [35] or noninvasive (e.g., finger plethysmography) [36,38] blood pressure measurement device is frequently used to monitor dynamic CA. While the process of CA itself is not a fast mechanism, to monitor dynamic CA, fast CBF and blood pressure measurements are used to see the change of a phase relationship between the pulsatile CBF and blood pressure. However, the relatively high cost of DCS system and the requirement of postprocessing may be able to limit the usage of DCS in CA monitoring. As demonstrated in Section 3.6, the suggested algorithms can be used to process fast blood flow data. The capability of processing fast flow can allow wide applications of the suggested algorithms, including real-time data processing and display during monitoring of CA. By reducing the size and cost of DCS system, and allowing real-time flow data display, we believe that our algorithms will be able to reduce the hindrance of DCS in dynamic CA monitoring, especially when used in regions with relatively limited resources.

While we thoroughly evaluated the suggested methods, there are some limitations in this study. First, we did not compare the outcomes of the suggested approach when using different numerical integration methods such as Riemann sum and trapezoid rule. Comparison of different numerical integration methods for IK2 and INISg1 will be rigorously performed in a follow-up study. Second, even though we showed that with  $g_1$  thresholding, INISg1 performs better than IK2, we could not identify the underlying reasons. In practice, as the flow varies, the values of  $g_1$  with longer delay times vary more dynamically than those with shorter delay times. Therefore, the existence of the delay time-weighted calculation using  $(1 - \frac{T}{T})$  in IK2 could weaken the effect of  $g_1$  values of long delay times. In future, a follow-up study will be performed to

comprehensively investigate the reasons for INISg1 with  $g_1$  thresholding performing better than IK2 with  $g_1$  thresholding.

#### 5. Conclusion

In conclusion, IK2 and INISg1, numerical integration-based approaches, were proposed for estimating the flow information in DCS. In preliminary experiments (data not shown), both IK2 and INISg1 suffered from a significant underestimation of the flows. To overcome the underestimation found in the preliminary experiments, we further introduced  $g_1$  thresholding, which dramatically recovered the flow information estimated by IK2 and INISg1. Interestingly, INISg1, a more simplified method than IK2, performed much better than IK2 when g<sub>1</sub> thresholding was applied. In addition, INISg1 with g1 thresholding showed the fastest performance in processing a g<sub>2</sub> curve by effectively reducing the calculation burden. Moreover, INISg1 with  $g_1$  thing was even faster than the DLbased signal processing approach, which is one of the fastest methods, and is also applicable to quantification of the flow on a PC and Arduino (Sections 3.5 and 3.7). Thus, we believe that INISg1 with g1 thresholding, one of the newly suggested approaches, can contribute to the further development of DCS technologies in terms of reducing signal processing time and system miniaturization because it is computationally light, offering comparable flow estimation as NF.

# **Declaration of Competing Interest**

The authors have no conflicts to disclose.

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# Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.cmpb.2022.106933.

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